FOREST SCHOOL

First Grade







FallNavigating Our World

We build our community, how to learn together and discover new places. With navigation at the heart, we explore the land, and new and old friendships; the academic concepts of addition and subtraction, and become proficient in our literacy skills. As we experience nature, we will apply directions, landmarks, plant and animal observations, tracking, shelter and fire building.

Winter Caring Communities

As the seasons begin to change the need to rely on a caring community becomes evident as challenges to adapt arise. Through designing and creating a living diorama students will become proficient in understanding place value and literacy skills to access grade level text. As we make observations about community, we will practice natural crafts, water engineering, weather journaling, fire safety, and shelter building.

SpringAdapting to Changes

We adapt to all of the changes that come with the awakening season.

Nature stories will encourage us to dive deep into the information about creatures in our communities and how they change to meet the challenges of another new season. As we explore our relationship with creatures in spring, we will examine and integrate life cycles, time, sun and moon cycles, as well as the relationship between light and sound.

FOREST SCHOOL First Grade

Contact Information

Lead Teacher: **Jessa Moody**

Assistant Teacher:

Laura Mosier

The best way to contact me is through email. I will check this email at least once a day and at least once on the weekends. I will have after school office hours available from 3:30-4:00 on Tuesdays. All school-wide comments or concerns should be directed to Ian Abraham (ian@trackersearth.com) or Elaine Kinchen (elaine@trackersearth.com).

Supplies and Gear

Pencils and pencil sharpener 2 Black dry erase markers Eraser

Crayons

Colored pencils

Glue stick

Ruler or measuring tape

Watercolor set

Water bottle (24 oz non-leakable preferred, fits snugly into backpack outside pocket)

Backpack (Chest strap, I can recommend the Osprey Jr series.)

Rain Pants and Jacket (2 pairs)

* I recommend a boot dryer

Daily Gear Checklist: Dress for the weather, remember a water bottle, sunscreen, lunch & 2 snacks, mask, hand sanitizer, and the necessary academic materials for that day. We will send home a packing list for longer days.

Sample Daily Agenda

8:15-8:30 Drop Off

8:30-9:00 Sunrise Routine

9:00-9:30 Bus - Practice Activities

9:30-10:00 Snack/ Movement

10:00-12:00 Morning Lessons and Activities

12:00-1:00 Lunch/ Self-Guided Time

1:00-2:00 Afternoon Lessons and Activities

2:00-2:30 Snack 2/ Movement

2:30-3:00 Bus - Practice Activities

3:00-3:15 Sunset Council

3:15-3:30 Fetch

Growth Progress Reports

Portland Forest School Elementary uses a grading continuum that tracks and evaluates a student's growth from basic to proficient in skills spanning reading, writing, math, science, social science, and socioemotional learning over the year. Students receive consistent feedback and guidance on their work that will identify areas of improvement and growth. Reports will aim to locate the skills that each student has begun to explore, the skills they are currently working with, and the skills they have become proficient in. Using this format, we can track the students' skills they are beginning to explore at the start of the school year and watch their development and expansion by the end of the year. At the turn of each season we host parent-teacher conferences to discuss student progress.

Parent-teacher conference days: November 23-24 February 22-23

May 31 - June 1

Extensions, Absences, Make-ups

If students need to miss school because of medical or family reasons, please contact our Forest School Office as soon as you are able to. As written in the handbook, we ask that appointments be scheduled outside of school hours if at all possible as to allow students to not miss important material in class. There will be no homework assigned for students to do explicitly outside of the classroom to make up if they are not present. Please contact me by email if there are issues or concerns.

Overnight Dates

If Covid-19 allows, Forest School lower grades will be having an overnight trip in the Spring. Families will be invited to one of our overnight sites in the Marmot Valley for a celebration of the hard work that has been done throughout the school year. Dates and information regarding this celebration will be announced as the year progresses.

Student Agreements

Within the first week of class, students will be meeting together as a community to craft a set of agreements and principles they aim to adhere to throughout the year. These agreements will be recorded and referenced often in regards to any behavioral issues, disagreements, or conflict that arises. Students will have the opportunity to check-in frequently on these agreements, and work together to re-write them as they see fit. We will utilize ClassDojo as a way to give students positive feedback for this. See the attached handout to see how your student can receive "Monster Points" for meeting class agreements.